

# ELEMENTARY COUNSELING PERMISSION FORM

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## Walden Elementary School Counseling Program Information

The elementary school counseling program at Walden School is part of a wider commitment to the wellbeing of all students. It includes a variety of services offered to support our elementary school students. Individual guidance, and small group activities, as well as lessons throughout the year all combine to foster student safety, development and individual progression. These services may be provided by a school counselor, school social worker or school therapist.

The counseling program is designed to support all students in the following categories:

- Encourage students to express and understand their emotions
- Discover and implement problem-solving strategies
- Identify support systems and resources on and off-campus
- Develop strategies for successful school engagement
- Develop and participate in healthy social relationships and interactions

## Comprehensive School Counseling Program Permissions:

I \_\_\_\_\_ give permission for my student,  
(printed Parent/Guardian name)

\_\_\_\_\_ to participate in the following offerings of the Walden  
(printed Student Name)

Elementary School Counseling Program which may include:

- Individual Guidance
- Group Guidance
- Social Skills Groups

In giving permission for participation, I also acknowledge that both Individual and Group guidance options are entirely confidential and that the School Counselor will only ethically disclose information from these sessions to parents or guardians under the following conditions: 1) Student has plans to harm someone 2) Student has plans to harm self, or 3) Student is being harmed by someone else.

Signed,

\_\_\_\_\_ Date: \_\_\_\_\_  
(Parent / Guardian Signature)